

COME AND DISCOVER  
BIOESSERI PORTA NUOVA

MILANO  
BRERA

Via Fatebenefratelli, 2  
Tel: 02 8907 1052  
info.milanobrera@bioesseri.it

MILANO  
PORTA NUOVA

Via Amerigo Vespucci, 11  
Tel: 02 3674 0207  
info.milanoportanuova@bioesseri.it

PALERMO

Via G. La Farina, 4  
Tel: 320 051 2597  
info.palermo@bioesseri.it

ALLERGENS

1 Cereals containing gluten | 2 Crustaceans | 3 Eggs | 4 Fishes | 5 Peanuts | 6 Soy | 7 Milk | 8 Tree nuts  
9 Celery | 10 Mustard | 11 Seeds | 12 Lupines | 13 Molluscs | 14 Sulfur dioxide and sulphites

OUR CHEF USES FIRST QUALITY FRESH FISH BY OUR SELECTED TRUSTED SUPPLIERS THAT PRACTICE ETHICAL AND TRACEABLE FISHING. IN CASE WE DON'T HAVE FRESH FISH AVAILABLE, WE USE HIGH QUALITY FROZEN. ALL OF OUR DISHES ARE PREPARED DAILY WITH FRESH, GENUINE AND FIRST QUALITY PRODUCTS. SOME PRODUCTS MAY BE SUBJECTED TO QUICK REFRIGERATION (AS LAID DOWN IN REGULATION (EC) No. 853/04). THE FULL LIST OF ALLERGENS PRESENT IN OUR MENU IS AVAILABLE IN OUR STORE.

  
**MENU**  
FOOD & PIZZA BIO

OPEN ALL DAY




free wi-fi


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
# Treats


 **EGGPLANT MEATBALLS** with basil pesto (1 | 3 | 7 | 8 | 14)



 **SICILIAN PANELLE** with parsley and lemon (1 | 14)

 **FRIED OCTOPUS** with cherry tomato mayonnaise (1 | 13 | 14)


# Starters

  **BEEF TARTARE** with yogurt, hazelnuts and burnt lemon (7 | 8 | 14)


 **BIOESSERÌ DISH** (only the best of our seasonal vegetables)

  **SALMON TARTARE** chives, wasabi mayonnaise and marinated radishes (4 | 6 | 7 | 10 | 14)


 **FRISA WITH BUFFALO MOZZARELLA AND CHERRY TOMATOES**(1 | 7 | 14)



 **CRISPY TACOS WITH CHICKEN GENOVESE STYLE**, crunchy celery and homemade BBQ sauce (1 | 6 | 9 | 10 | 14)

 **RICE ROLL WITH SEA BREAM** Chinese cabbage, scapece courgettes and cuttlefish ink (1 | 4 | 9 | 14)

 **FRIED AUBERGINE CUTLET** served with baba ganush and bearnaise sauce (1 | 3 | 7 | 9 | 11 | 14)

# Salads

 **AVOCADO AND BURRATA CHEESE SALAD** with confit cherry tomatoes, pistachio and wholemeal croutons (1 | 7 | 8 | 11 | 14)

  **OCTOPUS AND POTATO SALAD** with mixed salad, Taggiasca olives, cherry tomatoes, capers, black olive powder and lemon dressing (9 | 13 | 14)

# First courses

 **TAGLIOLINI WITH MANTIS SHRIMP** parsley and spring onion (1 | 2 | 3 | 9 | 14)


 **POTATO GNOCCHI WITH BIOESSERÌ HOMEMADE PESTO AND ROASTED RICOTTA** (1 | 3 | 8 | 9 | 14)

 **SPAGHETTI WITH 3 TOMATO SAUCE** (1 | 9 | 14)


  **FUSILLONI WITH RAGÙ** (1 | 7 | 9 | 14)



  **MILANESE SAFFRON RISOTTO WITH OSSOBUCO** (7 | 9 | 14)



# Soup




 **PEA CREAM** snow peas, goat cheese and fried peas (1 | 7 | 9 | 14)

# Main courses

 **FRIED EGG** with potato cream, purgatory sauce and basil oil (1 | 3 | 7 | 9 | 14)

  **GRILLED SEA BREAM FILLET**, green beans, parsley cream, and Parmigiano Reggiano water (4 | 7 | 14)

  **SALMON FILLET** with crunchy coleslaw salad and chicory sauce (4 | 6 | 7 | 10 | 14)

   **BEEF TAGLIATA** chicory, bagna cauda with its demiglace sauce (4 | 7 | 9 | 14)

  **POACHED CHICKEN WITH CREAMED CORN AND AOP AGRETTI** (7 | 9 | 14)

# Side dishes

  **SEASONAL VEGETABLES**

  **SEASONAL SALAD**

  **BAKED NEW POTATOES**

 **EGGPLANT IN TOMATO SAUCE** (1 | 14)

# Doughs

**CLASSIC** (tender wheat type 1)  
**WHOLE WEAT**  
**GLUTEN FREE**

+2€  
+2€



In order to guarantee a better digestibility we only use doughs with stone ground flour followed by a natural rising process of 72h!

# Focacce


 **FOCACCIA WITH OREGANO** (1 | 14)

7€


# Classic pizzas

  **MARINARA** with tomato sauce, garlic, oregano, E.V.O. oil (Nocellara del Belice) (1 | 9 | 14)

12€

 **LA NAPOLI** with tomato, mozzarella cheese from Agerola, anchovies, olives, oregano, E.V.O. oil (Nocellara del Belice) (1 | 4 | 7 | 14)

13€


 **PROVOLA E PEPE** with tomato, parmesan cheese, smoked provola cheese, black pepper, basil, olive oil Nocellara del Belice (1 | 7 | 14)

13€


 **MARGHERITA WITH BUFFALO MOZZARELLA CHEESE ON THE TOP** with canned tomato, mozzarella cheese from Agerola, buffalo mozzarella cheese (P.D.O.), E.V.O. oil (Nocellara del Belice) (1 | 7 | 14)

15€


# Our selections

 **L'IDENTITÀ** with buffalo mozzarella cheese (P.D.O.), pachino tomato sauce, pecorino cheese, basil, extra virgin olive oil (Nocellara del Belice) (1 | 7 | 9 | 14)


16€

 **IL CALZONE** with tomato, fior di latte mozzarella from Agerola, baked ham, E.V.O. oil (Nocellara del Belice) (1 | 7 | 10 | 14)


16€

 **L'ISOLA** with mozzarella cheese from Agerola, buffalo mozzarella cheese (P.D.O.), cherry tomatoes, rocket salad, cured Prosciutto, parmigiano flakes, extra virgin olive oil (Nocellara del Belice) (1 | 7 | 14)


16€

 **LA DIAVOLINA** whit pachino sauce, fior di latte mozzarella, nduja, taggiasca olives, basil, nocellara del belice extra virgin olive oil (Nocellara del Belice) (1 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 14)


16€

 **PARMIGIANA** parmesan cream (cooked tomato eggplant, parmesan and basil) fried eggplant, parmesan cheese, smoked provola cheese, basil, extra virgin olive oil (Nocellara del Belice) (1 | 5 | 7 | 8 | 9 | 11 | 12 | 14)


17€

 **4 FORMAGGI** with mozzarella fior di latte, gorgonzola cheese, taleggio cheese, parmesan cheese, basil, extra virgin olive oil (Nocellara del Belice) (1 | 7 | 14)


17€

 **LA CAPRICCIOSA** with tomato, mozzarella fior di latte, taggiasca olives, cooked ham, mushrooms, artichokes, basil, extra virgin olive oil (Nocellara del Belice) (1 | 5 | 7 | 8 | 9 | 12 | 14)

17€

 **LA SFIZIOSA (CAPOCOLLO)** with yellow tomato sauce, taggiasca olives, capocollo, stracciatella, crumbled taralli, basil, extra virgin olive oil (Nocellara del Belice) (1 | 5 | 7 | 8 | 9 | 11 | 12 | 14)

18€

 **LA CULT** with smoked provola cheese, friarielli, porchetta, basil, extra virgin olive oil (Nocellara del Belice) (1 | 5 | 7 | 8 | 9 | 10 | 11 | 12 | 14)

18€

19€  
27€  
29€  
29€  
29€  
OUR PIZZAS COULD CONTAIN TRACES OF GLUTEN  
ALL OF OUR PIZZAS CAN BE PREPARED WITH LACTOISE-FREE RICE MOZZARELLA

# Drinks

**WATER** 0,50L (natural | sparkling)

3€

**CLASSIC**  
Orange  
Chinotto  
Coca-Cola/Coca Zero  
Gazzosa  
Lemon  
Tangerine  
Tonic

4€

**FRUIT JUICE**  
pineapple | clear apple | blueberry | apricot | pear | peach | tomato | grapefruit

4€

7€  
7€  
7€  
7€  
7€  
**COVER CHARGE (ONLY IN THE EVENINGS, WEEKENDS AND NON-WORKING DAYS)**

4€